



School Wellness Report Card

Colin L Powell Learning Center

OUTSTANDING	SATISFACTORY	NEEDS IMPROVEMENT	Students need healthy food and environments to reach their full potential. This report reviews our progress towards the goals outlined in our Local Wellness Policy to help student's succeed!
☒	☐	☐	Students encouraged to participate in school meals.
☒	☐	☐	Menus are conveniently posted at cafeteria door and in every classroom at entrance area.
☒	☐	☐	Teachers and staff receive training in nutrition.
☒	☐	☐	Nutrition education integrated into various classes, such as Success Skills, Science, Math...
☐	☒	☐	Parents and Teachers receive a list of healthy party ideas.
☐	☐	☒	No school garden due to funding this year.
☐	☒	☐	School operates a grab and go breakfast model.
☐	☒	☐	Physical activity opportunities is available for 15 mins during school day.
☐	☐	☒	Alternative ways to discipline - restorative practice.
☒	☐	☐	Families are invited to participate in school activites and receive health info.

Highlights

- CPLC participates in the School Breakfast and Lunch Program. Through CEP, all students receive meals at no charge. We also participate in the Summer Food Service Program during summer school.
- CPLC is receiving more hot meals and more students are eating. In addition, they get to have social time with their peers during lunch.
- CPLC students are wanting to work in the kitchen.
- CPLC staff serves meals in a clean and pleasant environment where teachers eat with their students and discuss healthy eating habits and nutrition.
- Through our Success Skills (In Focus) program, we encourage students to make healthy choices by providing daily opportunities after lunch for 15 minutes of outdoor activity, such as basketball, walking, running, or teeter ball, while also getting sunlight and fresh air.
- We promote staff member participation in health and wellness.

Areas for Growth

CPLC has seen an improvement in the area of family engagement, with inviting our students and parents to participate in school sponsored activities and events, We need to work on getting more information out that promote the health efforts we are trying to instill in students..

CPLC would like to have a daily salad bar with a variety of fruits and vegetables to add to salad, such as banana peppers, olives, pineapples, strawberries, cheese, tomatoes, cucumbers etc...

CPLC would like to invest into a high speed blender to make smoothies to support healthier habits.